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Using AAI and TAAI in student-parent counseling around academic-difficulty.

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Topic: Clinical practice

With the China's fast development, many people are having high anxieties and adjustment difficulties, especially those having academic anxiety and high expectations on their off springs. Using AAI and TAAI in student-parent counseling around academic-difficulty. These students have serious academic difficulties and most of them has serious Internet addictions, most of them unable to complete normal learning, almost got expelled. These parents often live with their adult children in university's hotel or rent a house around campus or visit frequently to guarantee their children to fulfill the high-education, they are Chinese-style accompany-study-parents. They have conflicts with each other with "study" topics and "accompany" ways.

How it used the DMM

A total of 6 cases of interviews, in some cases, interrupted interviews, interviews in different periods of the counseling into a different theme, done multiple times. In some cases, once completed. Some interviews done by the counselor alone, and others led by assisting interviewer.

What it can contribute to the DMM

AAI and TAAI for this special group of parents and students displayed Personal and family history, Sign of the Times, culture shock and the Cultural Revolution trauma, facilitated assessment and Intervention Plan, it is a Clinical Application of exploratory of the DMM- AAI and TAAI in Chinese.